



Evergreen Child Care Food Program

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September 2016 Newsletter

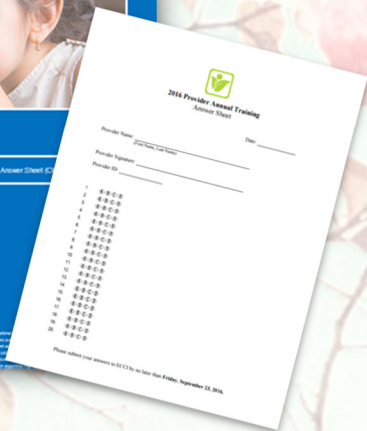
CALENDAR OF EVENTS

- 09/01/16 – July 2016 Reimbursement Disbursement
- 09/05/16– In observance of Labor Day our office will be closed (Meals are not subject for reimbursement on this holiday)
- 09/23/16– Workshop answer sheet due date
- 09/23/16– Enrollment Renewal Report due date

REIMBURSEMENT REMINDER

- The July 2016 Federal reimbursement has been disbursed if your meal claim was submitted on time.
- Manual Claiming Providers: All September claim forms must be submitted no later than October 5, 2016. If documents are submitted anytime later, meal claims will be considered a late (adjustment) claim.

2016 ECCI MANDATORY WORKSHOP:



The mandatory annual workshop video is **NOW AVAILABLE!**

In order to fulfill the annual workshop requirement (As stated on the Permanent Agreement), providers are required to watch a video and answer the 20 questions that will appear throughout the video. Furthermore, providers must answer all the answers correctly in order to receive credit for this year's workshop.

If you have not already done the workshop, the video is on our website under the **ANNUAL TRAINING TAB**. Under the Annual Training tab, providers will find:

- 1) The **Workshop Video** (Just click on the video to play)
- 2) The **Workshop ANSWER SHEET** (For you to print)

-Please mark your answers on the Workshop Answer Sheet-

To receive credit and fulfill the annual training requirement, the workshop answer sheet must be submitted to our agency by no later than

Friday, September 23, 2016

****Please be advised, failure to complete/pass the workshop by September 23, 2016 is a Serious Deficiency.**

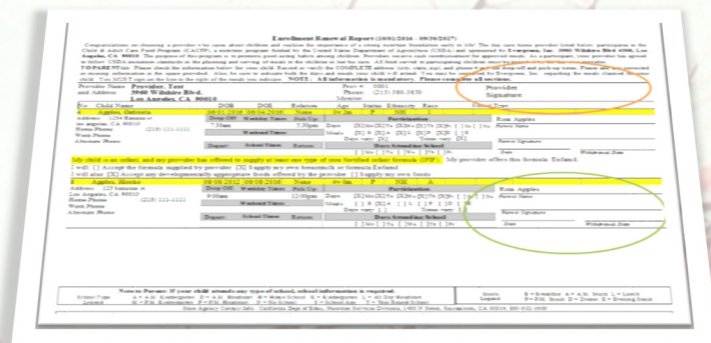
2016-2017 ENROLLMENT

RENEWAL: It's enrollment renewal time!

Providers are required to renew each child's application every year in September, through the Enrollment Renewal Report generated by us (Report name: **Enrollment Renewal Report 10/01/2016-09/30/2017**). The report will include information of each child enrolled in your daycare and requires the signature of each parent/guardian in order for us to renew your daycare children's enrollment as of October 1st, 2016.

Evergreen will be mailing the Enrollment Renewal Reports and instructions to all active providers shortly. The Enrollment Renewal Report needs to be submitted to our agency by no later than

Friday, September 23, 2016



HARVEST OF THE MONTH: KIWI

September's harvest of the month is Kiwi. Did you know Kiwi is considered a berry? Back in the day Kiwi had a different name, they were called "Chinese gooseberry". History show that Kiwi originated in China. However, the growing of this fruit had spread throughout New Zealand. In 1959, New Zealand finally gave the fruit its official name, Kiwi (named after their national bird). Kiwi is also another great source of Vitamin C. Vitamin C is a powerful antioxidant. It helps strengthens your immune system. Vitamin C is also known as ascorbic acid and helps the body absorb the iron found in foods. Try some of these healthy serving tips of Kiwi.



Here are some healthy serving tips:

- The skin of a kiwi is edible. Try eating it whole like an apple!
- For breakfast: Make a pancake smiley face. Top pancakes with two kiwi slices for eyes and make a nose and mouth with a strawberry and banana and add 1% or fat-free milk to make a healthy and delicious breakfast for your daycare kids.
- For AM or PM snack: Slice two kiwis into calcium-rich low-fat yogurt for an added sweet flavor.
- Kiwis work great for tenderizing meat. Explain to your child that kiwis have an enzyme (proteins produced by living things, like fruit) that helps break down the meat to make it tender. Find a recipe to try this together.
- Ask your daycare kids to help you make a healthy fruit salad using kiwis.

How much do I need?

Refer to the Meal pattern chart in your kitchen to know the appropriate portions for your daycare children.

Remember: A ½ cup of sliced kiwis is about a medium kiwi.

Source: (<http://harvestofthemonth.cdph.ca.gov>)

Phyllis Anka
Senik Avetisyan
Ruth Brooks

Shlomit Hayun
Cheryl Howard

Rosa Lara
Johana Legazpi
Ana Maria Lopez

*Happy Birthday
Evergreen Providers*

Randi Colar
Angel Dalpathado
Susan Garcia

Maria Olid
Mirian Taura
Hye Ran Yun

Farzaneh Javadi
Hector Jurado

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Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.



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