

December 2016 Newsletter



Evergreen Child Care Food Program

3960 Wilshire Blvd. Suite 306 Los Angeles, CA 90010

Tel. 213-380-3850/5345 Fax. 213-380-9050

E-mail: joinceci@gmail.com

CALENDAR OF EVENTS

12/09/16 – 2016 October Reimbursement Disbursement.

12/26/16 – Meals will be subject for reimbursement the day after Christmas. However, our office will be closed.

REIMBURSEMENT REMINDER

The October 2016 Federal reimbursement has been disbursed if your claim was submitted on time.

Manual Claiming Providers: All December claim forms must be submitted by no later than January 5, 2017. If documents are submitted anytime later, meal claims will be considered a late (adjustment) claim.

Merry Christmas and Happy Holidays! Warm up this holiday and serve a hearty and healthy soup for your day care children.

Lentil and Brown Rice Soup (yields 12 cups)

Ingredients

- 6 carrots
- 4 stalks of celery
- 6 cloves of chopped garlic
- 2 cans of diced tomatoes
- 2 cups of brown rice
- 2 cups of lentils
- 20 cups of water
- 2 tablespoons of chicken broth (Example: Better than Bouillon Chicken Base)
- Salt and pepper
- 4 bay leaves

Directions

1. Chop up all of your veggies (or throw everything in a food processor and pulse until you get the desired size)
2. Put your pot on the stove and turn on the stove to medium-high, drizzle olive oil in the pot.
3. Put all the veggies in the pot and sweat them for about 5-6 minutes. Sprinkle salt and pepper.
4. Toss your bay leaves and lentils in, stir for about a minute.
5. Pour in your water and tablespoons of chicken base. Bring to a boil, then reduce the heat to a simmer

and cover for about 45-50 minutes.

6. While the soup is cooking, cook the rice separately according to the package. (This way it won't absorb all your liquid)

When both the soup and rice are ready, add the rice to the soup and serve.

Dish meets component requirements for meat/meat alternate and grain for the CACFP

(Source: CDI/CDC (Child Development Centers recipe book))



Happy Birthday Evergreen Providers

Maria Aguirre

Jacqueline Bonseigneur

Karen Carpenter

Carolina Castellon

Madeline Crowder

Denise Davis

Olivia Green

Mariam Hakobyan

Mona Hillman

Brenda Jackson

Carolyn Jackson

Keum Kang

Abie Kanu

Avag Karakhanyan

Karine Khalafian

In Ha Lee

Patricia Manzo

Marva Melvin

Claudia Mendez

Reena Nanayakkara

Dolores Nunley

Jesusa Calesin Ocab

Gioconda Porras

Evangelina Rangel

Catalina Romero

Esperanza Shearer

Mieko Shimohira-Quintero

Deborah Sims

Concepcion Valencia

Muriel Vasco

Arstine Willis

Omma Woods

Nina Yeremian

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