

Evergreen Child Care Food Program

3960 Wilshire Blvd. Suite 306 Los Angeles, CA 90010

Tel. 213-380-3850/5345 Fax. 213-380-9050

E-mail: joinecce@gmail.com

Happy New Year!

January 2017 Newsletter

CALENDAR OF EVENTS

01/09/2017 – 2016 November Reimbursement Disbursement.

01/16/2017 – In observance of Martin Luther King Jr. Day, our office will be closed and meals on this holiday are not subject for reimbursement.

REIMBURSEMENT REMINDER

The November 2016 Federal reimbursement has been disbursed if your claim was submitted on time.

Manual Claiming Providers: All January claim forms must be submitted by no later than February 5, 2017. If documents are submitted anytime later, meal claims will be considered a late (adjustment) claim.

MAJOR HOLIDAYS (2017): The following major holidays are NOT eligible for meal reimbursement:

Martin Luther King Day- Monday, January 16, 2017

Presidents Day- Monday, February 20, 2017

Memorial Day- Monday, May 29, 2017

Independence Day- Tuesday, July 4, 2017

Labor Day- Monday, September 4, 2017

Veterans Day- Saturday, November 11, 2017

Thanksgiving Day- Thursday, November 23, 2017

Christmas Day- Monday, December 25, 2017

****Please be advised, if you have your daycare holiday closure lists for 2017, you are welcome to fax or e-mail it to us so we can put it in our records.****

FILING INCOME TAXES: It's that time of the year again to file your annual taxes. If you are in need of a tax report, please send us an e-mail or contact us at 213-380-3850. We are open Monday-Friday, 8:30 a.m.- 5:00 p.m.

WHAT IS A SERIOUS DEFICIENCY?

Please be advised, that CACFP regulation defines seriously deficiency as the status of a daycare Home (DCH) that has been determined to be non-compliant in one or more aspects in its operation of the food program.

The following are noncompliance issues that rise to the level of a serious deficiency:

1. Submission of false Information.
2. Submission of false claims for reimbursement.
3. Simultaneous participation under more than one sponsoring organization.
4. Failure to keep required daily records up to date.
5. Failure to make daily records available for review.
6. Failure to notify the sponsor in advance of absence from home and/or call-in when there's any changes to daycare operation/meal service.
7. When ECCI cannot complete monitoring review even with our best effort due to provider's absences, meal times being changed without notifying ECCI, no children in attendance, no meal services, not being able to observe legitimate number of children with the number of meals providers normally claims, and etc.
8. Failure to comply with the record retention requirement.
9. Failure to submit the proof of the license renewal document within 2 months after its expiration date.
10. When meals being served and/or claimed do not meet the Meal Pattern Requirements.
11. Over License Capacity is detected.
12. Failure to attend/complete mandatory annual training.
13. Imminent threat to health or safety.
14. Conviction indicating a lack of business integrity during the past 7 yrs. (Lack of business integrity includes fraud, antitrust violations, embezzlement, theft, forgery, bribery, falsification or destruction of records, receiving stolen property, making false claims, or any activity that indicates lack of business integrity.

15. Any other circumstances related to non-performance under the sponsoring organization-day care home agreement.

****Determination of such deficiencies is at the sponsor's discretion****

Please be advised, if you are non-compliant with one or more of our agencies policies/regulations, you may be considered serious deficient in your operation with the Child and Adult Care Food Program (CACFP). Being a serious deficient provider is a major offense in the CACFP and may lead to propose to terminate your agreement with us.

How a Serious Deficiency determination can affect your day care home's participation in CACFP?

- A privilege of receiving an announced monitoring visit gets taken away.
- It may trigger additional monitoring visits.
- If similar or same SD is found in future monitoring visits or claim reviews, a proposed termination process will initiate.

The following steps shall be taken upon determination of a Serious Deficiency:

1. Issue a notice of Serious Deficiency by method of delivery with confirmation. A copy of the Serious Deficiency notice will be forwarded to the California Department of Education, Nutrition Services Department, and Program Integrity Unit.
2. Receive and assess the Day Care Home's corrective action plan.
3. If the Corrective Action Plan is deemed to be adequate, the resolution will be either the correction of the problem and issue a notice of temporary deferral of the serious deficiency. If the Corrective Action Plan is not adequate or it was not received, we will issue a notice of proposed termination and disqualification from the program.

****Please note:** The serious deficiency process is a systematic way for Evergreen Child Care Inc. to take actions allowing Day Care Home to correct the problems and give them the opportunity for due process. ******

Proposed Termination Agreement Procedure:

- Issuance of proposed termination and disqualification will be sent to the provider if the Corrective Action Plan is not adequate or it was not received. A copy of the notice will be forwarded to the Program Integrity Unit.
- If requested, hold an appeal, of the proposed termination and disqualification; and
- If termination is upheld, issue a notice of final termination and disqualification or if termination is overturned, issue a notice of temporary deferral.

What happens if you are terminated from the CACFP?

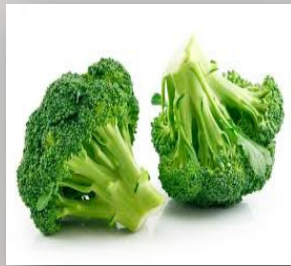
If you are terminated from the food program, you will be placed on the National Disqualified List. While on the list, you will not be able to participate in the CACFP as a day care home provider. In addition, you will not be able to serve as a principal in any CACFP institution or facility. You will remain on the list until such time as the State agency determines that the serious deficiencies have been corrected or until 7 years after your disqualification. However, if any debt relating to the serious deficiencies has not been repaid, you will remain on the list until the debt has been repaid.

(For more information on policies and regulations please visit our website the location is under the Policies and Regulations tab.)

We appreciate all of our providers participating in the Child and Adult Care Food Program and for selecting us to be your sponsor. We strive to educate our providers on the importance of child nutrition and being a part of the CACFP.

HARVEST OF THE MONTH:

Broccoli



Broccoli is a cool season crop which can be grown both in spring and in fall. The plant produces large branching green flower heads covered with numerous white or yellow flowers. Broccoli can be annual or biennial depending on the variety and can grow to 1 m (3.3 ft) in height. Broccoli may also be referred to as sprouting broccoli and likely originates from the Mediterranean although the exact location has not been determined. Broccoli is related to cabbage, cauliflower, kale, collard greens, and brussels sprouts. More importantly, broccoli is considered one of the champion sources of Folate. Folate is a water-soluble vitamin. It helps with the growth of red blood cells, protein metabolism and helps protect against heart disease. Broccoli is a great source to use as part of the fruit/vegetable component for your day care children. Here is hearty healthy veggie chowder for the winter season that includes broccoli!

Hearty Veggie Chowder (from WIC)

Ingredients

- 1 cup water
- ½ cup of onion, chopped
- 1 cup of carrots, sliced
- 1 cup of celery, sliced
- 1 cup of broccoli, chopped
- ½ tsp ground black pepper
- 1 package (16oz) frozen corn
- 1 ½ cups of skim milk
- 4 oz reduced-fat cheddar, grated

Directions:

- 1) In a large pot, add water, onion, carrots, celery, and broccoli
- 2) Season with ½ tsp of pepper
- 3) Cover and cook on high heat until water comes to a boil (10-15 minutes).
- 4) Reduce heat and simmer uncovered (10-15 minutes) or until the vegetables are tender.
- 5) Add in the frozen corn, milk and cheese.
- 6) Bring soup to a boil on medium heat (7-10 minutes).
- 7) Reduce heat and simmer uncovered (20 minutes).

**Serve with a side of string cheese, whole-wheat buns, sliced apples, and a cup of 1% or fat-free milk for a delicious lunch or dinner.

**

(<http://www.WICOnlineEducation.org>)

(<http://harvestofthemonth.cdph.ca.gov>)

JANUARY 2017 NUTRITION EDUCATION SERIES: NEW YEAR RESOLUTION

New Year resolutions aren't what you "should do" but rather, are a change to move your life forward the healthy way! Small changes make a big impact. Here are some tips to help you and your day care children move forward in your lives the healthy way.

EACH DAY PRACTICE 5-2-1-0!

⇒ EAT 5 FRUITS AND VEGGIES

Add a variety of fruits and vegetables to your day care kid's diet. Choose a variety of at least 5 different fruits and vegetables each week. The more variety and colorful fruits and vegetables your day care children eat, will help them move towards a healthier lifestyle as they grow.

⇒ Limit TV/computer screen time to less than 2 hours.

Physical activity is an important part of living a healthy life. Instead of watching TV or using the computer, let the daycare children have dance time or play around in the backyard. Remember we need at least 1 hour of physical activity a day. With that said....

⇒ Get 1+ physical activity.

Introduce activities to your day care kids that allow them to do physical activity. Examples would be, stop dance, musical chairs, or even just walking to the park to play on the playground is a great way to promote physical activity.

⇒ 0 sugary drinks (drink more water)

Water is the healthy way to go. Instead of choosing sugary drinks like soda, or juice flavored drinks, infuse the water with lemon or strawberries for that great taste but the healthier way!

Source: (<http://www.pathfinderpublish.com>)

Happy Birthday *Evergreen Providers!*

Jolynn Adams

Estela Carrera

Rita Collins

Brenda De Leon

Maria Garcia

Linda Garrett

Mary Huei-Chung Jaw

Maria Pabla Jimenez

Audrey Kim

Dalvanice Lacerda

Suk Lee

Yehudit Maouda

Aleksandr Matusov

Maria Michea

Theresa Morse

Amanda Quintanilla

Aurora Porsche Reyes

Elnora Rozell

Myra Shepherd

Eun Ja Song

Josefa Vasquez

Rita White



In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.



This institution is an equal opportunity provider.